

# LARKSPUR LASERS

## *Tentative Practice Schedule*

June 1st through 18th practices will take place 3 days a week on **Tuesday, Wednesday & Friday** in the **evening** while school is still in session.

5:00 pm	Ages 4-8 (6&Under, 8&Under)
6:00 pm	Ages 9-12 (12&Under, 10&Under)
7:00 pm	Ages 13 & Up (16&Under, 18&Under)

*\*All adjustments to practice groups must be approved by the coaches. We may adjust age groups as sign-ups dictate due to limits on practice size w/ COVID-19 protocols.*

June 21st through July 30th practices will take place 4 days a week on **Monday, Tuesday, Wednesday & Thursday mornings**. (*August 2-6 practices are invitation only for Championship Meet.*)

8:00 am	Ages 13 & Up (16&Under, 18&Under)
9:00 am	Ages 9-12 (12&Under, 10&Under)
10:00 am	Ages 4-8 (6&Under, 8&Under)

## *Tentative Swim School Practice Schedule*

June 23rd through July 30th practices will take place 3 days a week on **Tuesday, Wednesday & Thursday mornings**.

11:00 am	Ages 4-8
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